

MAX FACTS

THE OFFICIAL NEWS LETTER OF AOMSI





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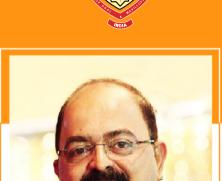












FROM THE PRESIDENT

Dear Colleagues,

Greetings from the AOMSI Head Office. As the cases of covid is increasing, do take care of yourself and your loved ones.

At the outset, let me congratulate all of you for active participation in the Social Security Scheme which was launched at the 45th Annual Conference of AOMSI, Mangalore. Thanks to the untiring efforts of Dr. Ramdas Balakrishna, we have achieved a respectful membership strength of around 940 members before the due date of December 31st 2021. The long cherished dream of starting SSS by the AOMSI has finally been achieved.

The 2nd Executive committee meeting of the AOMSI Head Office was held on 9th January 2022 via Zoom platform. I must really congratulate all the EC Members for their active participation and enthusiasm. A lot of new ideas and ventures were discussed such as National PG orientation by the AOMSI HO and phase one trial of National Registry. The plans to start Professional Indemnity for AOMSI members were also formulated and discussed.

OMFS Day celebration next month is something we all are looking forward to. The Head office is organising various virtual events to consolidate nation-wide celebrations. From lectures and video competition to talent show, all events will be successful only with your active involvement! So let's keep the ball rolling year after year and make this OMFS day a memorable one!

Dr. Manjunath RaiPresident, AOMSI





FROM THE HONORARY GENERAL SECRETARY

Dear Colleagues,

Wishing you all a very happy and prosperous new year 2022. May this new year bring good health and prosperity to each and every one of you.

The Maxfacts e-newsletter launched last month was very well received among all our colleagues. I must congratulate the wonderful team headed by Dr Mimansa and her colleagues Dr Purva, Dr Shibani and Dr Abhishek for the splendid work they have put in to bring out these issues.

This new year brings exciting new events, forums and opportunities for everyone across the country to participate. Starting with the International Oral and Maxillofacial surgeons day on February13th. The theme for this year is "Metamorphosis of face- combating mucormycosis and transforming lives". To showcase the role of Maxillofacial Surgeons in reconstruction and rehabilitation of the crippled Mucormycosis face a multidisciplinary hybrid Symposium with both offline and online program will be held on the morning of February 13th. Several organizations such as the National IDA, IMA, Otolaryngology, Opthalmology, Neurosurgery and Indian Prosthodontic society will be actively participating in this event. We are looking forward to make a big impact to boost collaboration and interdisciplinary approach in these challenging scenario.

All of you am sure have great talents apart from being amazing surgeons. Through the Maxfacts portal and our talent show we have opened a window of opportunity to showcase your talent. Do participate actively and engage in sharing your hobbies.

To make maxillofacial surgery a household is an endeavor that is fueling us to greater heights. We welcome your enterprising ideas and thoughts for this herculean task. Please feel free to contact me with your own brilliant ideas and constructive suggestions to make our specialty great. Various teams have also been formed in this regard to make a sizeable impact.

As they say- a good beginning is half job done. We hope to start this year with a lot of exciting programs. We want you to participate in all our events and programs enthusiastically. Let us all stay safe, stay healthy.

Jai Hind

Dr. S Girish Rao Honorary General Secretary, AOMSI GG

Take the first step in faith, you don't have to see the whole staircase, JUST TAKE THE FIRST STEP

Martin Luther King





At the outset I would like to thank the readers of journal of maxillofacial and oral surgery and the members of association of oral and maxillofacial surgeons of India (AOMSI) for reposing their faith in me and allowing me to serve them in a best way I can do as an editor of JMOS.

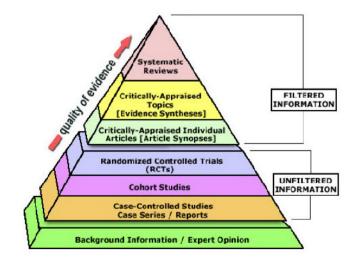
Scientific publishing is all about bringing to limelight new data, techniques, concepts and interpretation that lead to a better understanding of science in a systematic way. Critical analysis of your manuscript, through the peer review process is a furs step towards the improvisation hence, leading to the successful publication which attracts the readers.

As an author, the most important thing in a successful publication is the level of evidence. That is the basis of evidence based research. The levels of evidence pyramid provides a way to visualize both the quality of evidence and the amount of evidence available. For example, systematic reviews are at the top of the pyramid, meaning they are having the highest level of evidence and the least common. As you go down the pyramid, the amount of evidence will increase as the quality of the evidence decreases.

So in this editorial I insist the potential authors to publish articles with more level of evidence like systematic reviews to raise the standard of scientific publication in JMOS.

Thanks for supporting us. Also please follow us on twitter @JMOS_OFFICIAL Happy reading.

Best wishes **Dr. Amit Dhawan**Editor JMOS



MESSAGES



Dear Readers,

We begin this year with heartfelt gratitude to all of you who appreciated us and encouraged us by reading our "conference issue" released in December, 2021.

When we were told that the AOMSI official newsletter, **Max-Facts**, is going to be a monthly issue, we were skeptical if we will be able to do the herculean task justice, but the love showered upon our team in the last issue has made us all charged up to live up to the responsibility and burn the midnight oil a little longer.

This issue marks the beginning of various new sections that you all have been looking forward to since the launch of Max-Facts, we come up with not just news about the activities of AOMSI but also give an in-depth analysis of the "AOMSI Fellowship centers" and state chapter activities. Our "Did you know" section features the Legacy of Dr Ginwala with inputs from Dr. AP Chitre, something every one of us would love to know.

A special section called **"Spotlight"** has been launched to feature interviews of some of the surgeons in our community we aspire to become like, or who's commendable achievements make them stand out from the rest.

Since its inception, the newsletter has tried to promote more than just the Maxfacs in us, this month you all get a dose of the same in a section titled **"Beyond OMFS"** featuring OMFS amongst us who have gone beyond the OR realms and achieved remarkable feats in other arenas. The **"talent corner"** features some splendid contributions by our readers for you to enjoy!

And well, how can we let the nerd in us lie dormant? **"Mindroid"** section has been continued and we encourage you all to solve the stimulating crossword and quiz and send us your entries to be featured in the next issue!

A newsletter is only as good as its readers' involvement. Without your suggestions and participation, we cease to exist. We are all ears to all your recommendations and feedbacks, and hope to improvise with every issue. We are, after-all, just a medium to share information for OMFS, by OMFS.

With this hope and most optimistic aspirations, we present to you the January issue of Max-Facts newsletter bearing the theme "New Beginnings". As this issue debuts many new sections, we aspire that this new beginning for us resonates with each of you, and brings us all another step closer!

Regards,

Team Max-Facts!











A biography sketch of the legend as narrated by **Dr. A.P. Chitre**

All of the great achievers of the past have been visionary figures; they were men and women who projected into the future.

They thought of what could be, rather than what already was, and then they moved themselves into action, to bring these things into fruition

Bob Proctor.



Dr Mino Sorabji Nusserwanji Ginwalla - LDSc, DDS, MSc, FIAOS, was the first practicing Oral Surgeon in India and is known as Father of Oral and Maxillofacial Surgery in India.

He was the Founder President of what we know today as the Association of Oral & Maxillofacial Surgeons of India (AOMSI).

Dr. Ginwalla was born on 19th June 1915 at Bharuch, Gujarat. His earlier education was at Gujarat College, and at Nair Hospital Dental College , University of Bombay from where he graduated as a dentist by getting his LDSc degree in 1938.

He was the first Indian to achieve DDS degree from McGill University of Montreal, Canada in 1940. He completed an MSc in Maxillofacial Surgery from the University of Toronto in 1942 under Dr. E. Fulton Risdon.

Dr. Ginwalla moved to Bombay in 1943 ,where he took up the post of Professor of Oral Surgery and Honorary Professor of Plastic Surgery at the BYL Nair

Charitable Hospital. Between 1945 and 1955 he also served as Honorary Plastic Surgeon at King George's Memorial Hospital as well as Honorary Plastic Surgeon at KEM Hospital Bombay. After returning from Canada, he was invited to join as a Prof. and Head of Department of Oral & Maxillofacial Surgery, at Nair Hospital Dental College, Mumbai, Maharashtra. He remained in seat from 1945 to 1973. Later, he was Dean of Nair Hospital Dental College, Mumbai, from 1963 to 1973.

During this long tenure, Dr. Ginwalla was Dean, Faculty of Dentistry, University of Bombay; Chairman of Board of Studies, Member of Academic Council & Senate, Post Graduate Examiner, Chairman & Inspector of Dental Council of India, Member: Dental Council of India, I.S.I., I.D.P.L.,Indian Council of Medical Research (I.C.M.R)

He was also the fellow of International Association of oral surgeons, England and Indian academy of medical sciences. He was the Vice President of Dental Council of India, President of Indian Dental association, Bombay branch and President of Maharashtra state dental council. Being a member of many senates like the Association of Maxillofacial surgeons of west Germany and many other Indian universities. Dr. Ginwalla and Dr. Bankim Mukherjee (of Calcutta) were the only two dental surgeons who were founder members of the prestigious Anatomical Society of India in 1951.

Dr. Ginwalla became the first Professor and Head of the Oral Surgery, Maxillofacial and Plastic Surgery Department at Nair Hospital Dental College, Bombay in 1945. This was the first and only such independent department attached to a dental college in India at that time. In the new building of the Nair Dental College, which came up in 1956, in the same campus of Topiwala National Medical college, provision was made for a Surgical Theatre ,sterilisation room, and Doctor's consulting room on second floor, (exodontia

department was on the ground floor) and in the same campus, but other building, Ward with four beds was maintained at the B.Y.L Nair Chartable Medical college Hospital for the Oral Surgery and Maxillofacial and Plastic Surgery Department of the Nair Hospital Dental College. He is credited for starting the first MDS course in Oral Surgery in India, at Nair Hospital Dental College (Bombay university) in 1959. He was appointed as the Dean on 14-06-1963 till he retired on 13-06-1973. He was a very innovative skilled surgeon and had pioneered several procedures, including the technique of intraoral Inferior Alveolar Nerve avulsion for trigeminal neuralgia. He also did some pioneering work in cleft surgery, Orthognathic surgery etc.

In 1973, Nair Hospital Dental college was shifted to different campus nearby and had it's independent building, with oral surgery department on first floor equipped with operation theatres and ward and exodontia was on second floor.

After Dr. Ginwalla's retirement, in appreciation of his meritorious services rendered to the institution and dental profession, the Bombay Municipal Corporation appointed him as Professor Emeritus till his death.



Scientific Publications

He has many Scientific Publications to his credit. To name a few:

- Surgical treatment of trigeminal Neuralgia. J. Oral Surgery. 1961
 Surgical treatment of benign
- hypertrophy of masseter muscle. J of Oral Surg / Oral Med / Oral Path. 1971
- 3) Subluxation of Temporomandibular Joint and its Surgical Treatment J. of Plastic & Reconstructive Surgery. 1962

Activities in Association

- Fellow of International Association of Oral Surgeons, England
- Fellow of Indian Academy of Medical Sciences
- President: Maharashtra State Dental Council.
- President: Indian Dental Association, Bombay Branch.
- Vice President: Dental Council of India President, Maharashtra State Dental Council
- Scientific Chairman for Many Indian Dental Association Conferences.
- Founder President: Association of Oral & Maxillofacial Surgeons of India (AOMSI).

Personal life

He was happily married to Dr. Tehmi, who was Prof. of Periodontology, at Nair Hospital Dental College (NHDC), Mumbai. The marriage was blessed with three children. The First was Son, Darau, who is a Radiologist, well settled in England, UK. The seconds, twins, a son and a daughter, Daraush and Delna. He has seen all his children well settled in their chosen professions.

This saga of happy professional and personal life, came to an end rather abruptly, and that was in the house of his daughter Delna, in Muscat, Sultanate of Oman. He had lunch and told his daughter that he would be reading newspapers. At tea time, when she called him, but as he did not respond after

repeated calling, she went out to wake him, but soon she realized that he was no more.



The eulogy to late **Dr. M. S. N. Ginwalla** has been prepared by **Dr. A. P. Chitre**, the senior most living student of Dr. Ginwalla, who exclusively practices Oral & Maxillofacial Surgery, as Dr. Ginwalla himself, and was associated with Dr. Ginwalla as his Asstt. Professor, and succeeded Dr. Ginwalla in his position as Professor of Oral Surgery and Head of the Department, at Nair Hospital Dental College, Mumbai, Maharashtra.

Ode to the legend by AOMSI:

Ginwalla Oration

The prestigious Ginwalla oration is delivered every year at the Annual National Conference of AOMSI by an eminent Oral and Maxillofacial Surgeon to commemorate their journey and achievements and throw an insight into the path traversed by them along their glorious career. Every year the head office of AOMSI nominates a surgeon-par-excellence to deliver the coveted oration during the inauguration ceremony of the Annual National conference.

Ginwalla Trophy

A tradition instituted by the AOMSI to honor the knowledge of Dr. MSN Ginwalla, by conferring the award to the best delegate paper presented in the Annual National Conference. The prize papers are shortlisted by a highly qualified jury of OMFS from the abstracts received and 30 shortlisted papers are

asked to send the complete details of their presentation for further evaluation. Out of these 8 papers are shortlisted for verbal presentation and judged under prize category during the Annual National Conference of AOMSI. The winner is the recipient of the much acclaimed Ginwalla trophy. It is a rolling trophy and every winners name is inscribed at its back.

Trophy winners

Dr. Srinivasan Dr. SK Dewan Dr. SK Dewan Dr. Meena Kinger Lt. Col.P.N.Awasthi Lt. Col.P.N.Awasthi Dr. P. V Janardhan

Dr J. N Khanna & Dr NN Andrade

Col. S C Anand

Dr. Dhirendra Srivastava

Dr. N Vaidya & Dr A Dabir

Dr. JN Khanna & Dr NN Andrade

Dr. NN Andrade

Dr. SV Kumaraswamy

Dr. SV Kumaraswamy

Dr. Nanda Pal

Dr. Dhirendra Srivastava

Dr. Vijay Deshmukh

Dr. Thomas Abraham

Dr. NN Andrade

Dr. Ajay Roy Choudhury

Dr. Krishnamurthy Bonanthaya

Dr. Vijay Deshmukh

Dr. Krishnamurthy Bonanthaya

Dr. NN Andrade

Dr. SM Balaji

Dr. Bhavshan Jayade

Dr. SM Balaji

Dr. P. Anantnarayan

- Bombay- 1977

- Delhi- 1979

- Bombay-1980

- Madras- 1981

- Delhi-1982

- Bangalore-1983

- Jaipur-1984

- Pune-1985

- Calcutta-1986

- Lucknow-1986

- Jaipur-1987

- Bombay-1988

- Bombay-1988

- Dharwad-1990

- Ahmedabad-1991

- Khandala-1992

- Lucknow-1994

- Madras-1995

- Dharwad-1995

- Delhi-1996

- Hyderabad-1998

- Kochi-1999

- Chandigarh-2000

- Bangalore-2000

- Goa-2001

- Mumbai-2002

- Mangalore-2003

- Nagpur-2004

- Jaipur-2005

Col. S. K Roy Choudhury &

Dr David P Tauro

Dr. Yazad R Gandhi

Dr. Brig. N. K Sahoo

Dr. Shehzana Fatima

Dr. Amit Dhawan

Dr. Nirvikalpa Natarajan

Col. Dr. Indranil Deb Roy Chowdhury - Bhubaneshwar

Dr. Anubhav Arvind Jannu

Lt Col. Dr Rohit Sharma

Dr. Elavenil Panneerselvam

Dr. Abhilasha Yadav

Maj. Dr Ankur Thakral

Dr. Sonal Anchlia

Dr. Lakshmi Shetty

2013

- Goa-2014

- Kolkata-2006

- Lucknow-2008

- AFMC-Pune- 2009

- Mangalore-2010

- New Delhi-2011

- Hyderabad-2012

- Amritsar- 2015

- Ahmedabad- 2016

- Nagpur - 2017

- Chennai-2018

- Bengaluru-2019

- Mangalore - 2021





from the world of Onis

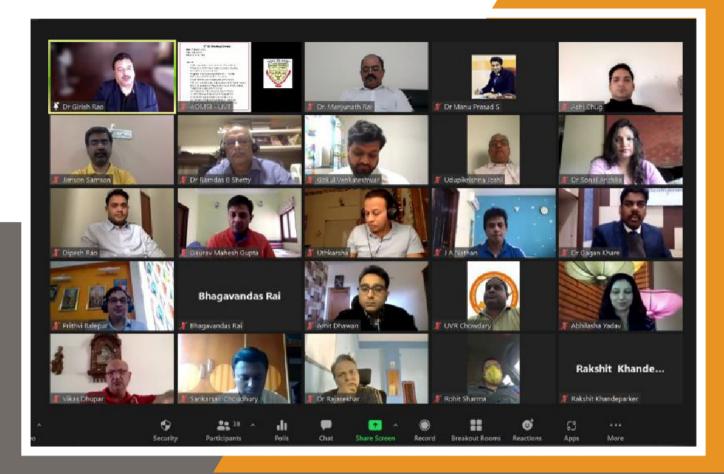


EC meeting Highlights

Date: 9th January 2022 | Time: 11:00 am to 1:00 pm

Venue: Zoom Platform





Agenda

1. Welcome address by the President

2. Read and confirm the minutes of previous meeting.

3. Action taken on the minutes.

4. Update of Social security scheme by

5. Planning of OMFS day by

6. Publication in open access by

7. Research methodology online program by

8. Pan India statistics of Mucormycosis by

9. Master class update by

10. Professional Indemnity by

11. AOMSI National Registry by

12. MIDCOMS updates by

13. Formation of Sub communities by

14. Any other matters with permission from the chair

15. Vote of thanks by

Dr. Manjunath Rai

Dr. Ramdas

Dr. Girish Rao

Dr. Amit Dhawan

Dr. Amit Dhawan

Dr. Prithvi Balepur

Dr. Jimson

Dr. Eepan Thomas

Dr. Deepesh Rao

Dr. Kannan Balaraman

Dr. Girish Rao

Dr. Girish Rao



2nd EC meeting of the AOMSI Head Office

Key Highlights

- All India PG orientation program launch in pipeline
- Masterclass zone wise co-ordinators finalised
- OMFS Day theme and competitions finalised
 - Video competition to be held for OMFS day- state chapter wise.
- National registry to be launched as a pilot trial
- Sub-committees formulated under the following headings

 - Fellowship

- Constitution review

- Curriculum Development
- Masterclass
- Social Media
- Social Security Scheme
- Professional Indemnity
- Maxillofacial insurance and Ayushman Bharat

- Mucormycosis reconstruction & rehabilitation
- Website revamping
- Research
- Women Empowerment
- Next Gen
- Audit and Clinical Governance
- Sports



Date of event - 22-12-2021

Venue - Narayan Zantye College of Commerce 402 students were screened and clinically examined for maxillofacial pathology and skeletal deformities

Participating doctors:

Dr. Omkar Shetye Dr. Pooja Mandrekar

Dr. Rakshit Khandeparker Dr. Trishala Bhadauria Fernandes

Dr. Meghali Diwaker



M GOA

Goa

Organising Team:

Dr. Francis Akkara Dr. Vikas Dhupar

Dr. Omkar Shetye

No. of participants: 26 Number of Faculty: 2 Number of lectures: 2

Chief Guest: Dr. Ramdas Balakrishna

Any special Details:

Activity No 2

Goa chapter of AOMSI in association with Dept of OMFS GDCH conducted its 1st study club with Dr Omkar Shetye as the President of the state chapter.

Speakers:

1) Dr. Ramdas Balakrishna Prof & Head, KLE Institute of Dental Science, Bangalore.

Topic: Treatment planning and management of Skeletal class III

2) Dr. Nandini Kamat Prof & Head Dept of orthodontics, GDCH **Topic:** Diagnosis and facial planning in Orthosurgical cases- key points

Felicitation of Dr. Vikas Dhpar by Dr. Ramdas

Participants: Dr. Rakshit Khandeparkar

Dr. Pooja Mandrekar

Dr. Trishala Fernandes Dr. Meghali Diwakar



webinar on

Medical Negligence & Informed Consent

AOMSI Kerala State Chapter

Organising Team:

Dr Joseph Edward, President, Aomsi Kerala, Dr Akhilesh Prathap, Hon.Secretary, Aomsi Kerala

Date & Time of the event: 21.01.2022, 8 pm to 10 pm

Venue: Online

100 participants on Zoom and 200 plus on Youtube

(Live and Recording)

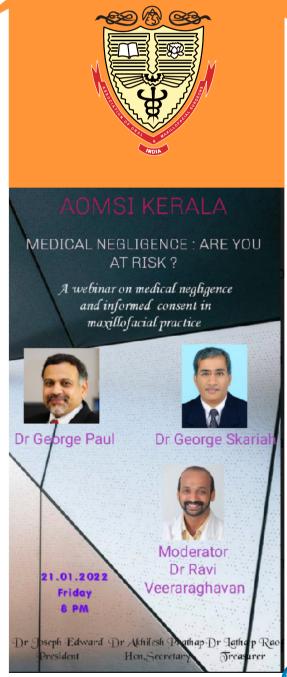
Faculty: Dr. George Paul and Dr. George Skariah

Moderator: Dr. Ravi Veeraraghavan

Chief guest:

Dr. Manjunath Rai, President Aomsi India

Guests of Honour: Dr. Pritham Shetty Dr. Vikas Dhupar





Recognition of efforts and hard work of Asian Head & Neck Cancer Foundation by Govt. of Gujarat. MoU signing ceremony at Vibrant Gujarat Summit 2022 between Asian HNC foundation, represented by Dr. Shakti Singh Deora (Hon. Secretary Asian HNC foundation) and Hon. Chief minister of Gujarat.

Lieutenant General N. K. Sahoo,

VSM, Director General Dental Service & Colonel Commandant

has been conferred with the "Param Vishisht Seva Medal" in recognition of distinguished service rendered by him in the Armed Forces.

AOMSI congratulates Lt. N. K. Sahoo on receiving this prestigious award.



Pan India Postgraduate Training Program - An AOMSI Initiative



Journal Club Series

As part of the pan-India postgraduate training programme, the journal club series was introduced with the aim to update knowledge and learn together as one big family!

Journal clubs are all about staying updated, learning new techniques that is evidence based, critically analysing the article and understanding the importance of biostats in medical research, getting different views in discussion when across a wide platform and learning from anyone and everyone.

The Journal Club series was conceptualised by our immediate past honourable secretary, Dr. Pritham Shetty and a group of zone co-ordinators were identified to collect the articles. An article review committee was also formulated that comprised the immediate past Honourable Editor, Dr. Rishi Bali, the incoming Editor, Dr. Amit Dhawan and lead faculty. The process of article selection was made to remain as un-biased as possible.



* PG and the HOD / Professor of the department are required

to be AOMSI members to be eligible to partake

Review committee:

Journal Club Lead - Dr. Yeshaswini T Hon Editor, AOMSI - Dr. Amit Dhawan

Two other reviewers as suggested by the Editor from a zone different from the one presenting.

Note: If the same article is submitted by two different colleges, effort will be made by the zone co-ordinator to request the person submitting later to send in another article. If that does not happen/ there is delay, and the article happens to score the maximum and is chosen, the person who submitted first will be offered to present on the final date.

The Sequence: East-North-West-South

The Journal club is scheduled to be conducted on the last Saturday of every month zone wise between 9am-10am. The date will change in the event of a public holiday on the proposed date and the new date will be announced beforehand.

The Zone Coordinators are:



Dr. Siddharth Chatterjee - East zone +91 98745 45325 scmaxfac@hotmail.com



Dr. Atul Sharma - North zone +91 98960 32239 maxfacesurgeon@gmail.com



Dr. Deepak Agarwal - West zone +91 98264 75025 fordeepak1@yahoo.co.in



Dr. Nagarajappa - South zone +91 98861 71988 drappsmaxfac@gmail.com

JOIN US IN THIS VENTURE - LET US LEARN AND GROW TOGETHER!!



The AOMSI fellowship program aims to train young OMFS who acquire adequate knowledge at the end of their residency but would need more Hands-on opportunities and skills to independently manage a variety of cases in different sub-specialties of Maxillofacial surgery.

The first AOMSI fellowship exam was conducted in Vijaywada, during midterm convention in 2015, for Trauma and Orthognathic surgery fellowships. AOMSI, currently offers fellowship in 3 sub-specialties - Maxillofacial trauma, Orthognathic Surgery and Oral Oncology.

The trainees are shortlisted after qualifying a national level examination. The selected trainees undergo an interview. The AOMSI fellows are paid an educational grant/stipend during the course of their fellowship. The duration of the training is for a period of one year.

The following section in Max-Facts is dedicated to highlight about the features of the fellowship centres of AOMSI. Every month two centres will be featured along with an interview of a fellow who has had a first hand experience of working at the centre.

For more information regarding the AOMSI fellowship, log on to - www.aomsi.com

AOMSI FELLOWSHIP CENTRE - ORTHOGNATHIC FELLOWSHIP

Jubilee Mission Medical College & Hospital, Thrissur





Other faculty in the department:

Dr. Jisha David

Year of commencement of AOMSI fellowship: **2016** Number of AOMSI fellowship seats per year: **One**



Dr. Philip Mathew

Publications by the AOMSI fellows:

Case Report

Unilateral sagittal split ramus osteotomy for facial asymmetry by IIG

Philip Mathew, Rahul V. C. Tiwari', Paul Mathai, Jisha David, Heena Tiwari', Neeraj BansaP



J. Maxillofac. Oral Surg. (Jan–Mar 2020) 19(1):1–11 https://doi.org/10.1007/s12663-019-01269-y

,

INVITED REVIEW ARTICLE

Current Orthognathic Practice in India: Do We Need to Change?

Philip Mathew¹ · Paul C. Mathal¹ · Jisha David¹ · Usha Shenoy² · Rahul Tiwari¹

Academic activities at the institute:

Orthognathic discussions once in two weeks

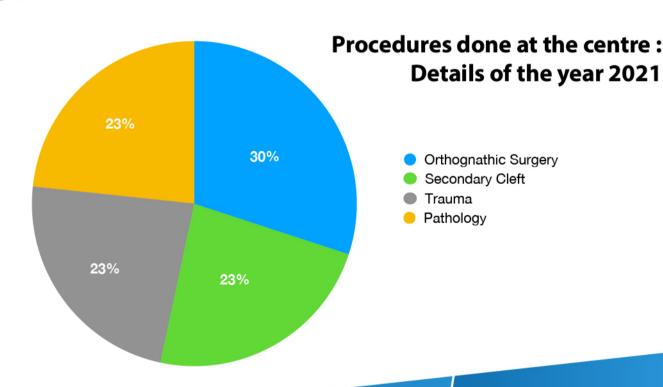


Total number of cases done under GA annually:

2016 - 484 2019 - 423 2017 - 533 2020 - 324 2018 - 564 2021 - 378

Apart from these major cases, on OPD days significant number of Dentoalveolar trauma cases, pathologies and other minor surgical procedures are carried out.





What makes this centre special?

- Exposes the fellow to a wide range of Maxillofacial Surgery - Orthognathic, Cleft, Pathology, Trauma, Minor Surgery
- Minor surgery cases keep the fellow fresh with his skills in the same;
- ▶ In depth involvement of the fellow in the treatment planning and execution of cases;
- > Exposure to rare oral and facial disease conditions
- Management of medically complex cases.



AOMSI FELLOW PERSPECTIVE

Dr. Paul Mathai

Year of joining fellowship program: 2018 - 2019 Present designation: Consultant OMFS, Mumbai.









paulmathai 89@gmail.com

Your learning experience at the centre?

My learning experience was well-rounded and everything I hoped for. I was given lots of responsibility during my fellowship. I will always be most greatful for the trust placed in me during that year of learning.

Everyone must remember that learning in a fellowship is a two-way street. Treat your centre as if it were your own. Work hard to improve it. When you contribute back to your centre in a positive manner, you will be appreciated more.

Briefly describe a typical day at the fellowship centre?

At Jubilee I was the only fellow with no junior staff. The day started early at 7 am with my own rounds. The final rounds with Dr. Philip sir ended by 9am. OTs and OPDs were on alternate days; started at 9am and ended by 3 pm [sometimes longer]. This was followed by pre-op preparations and cross-consultations from other departments.

Later in the day, I would have a couple of trauma consults in the Emergency OPD. On an average, my last trauma call would be around 2 am after which I would enjoy a nice cup of black tea and an omelette outside the ER.

Any particular anecdote which you would like to share with us?

This is more of a personal story. I once fell considerably sick and had to be admitted in Jubilee itself. My director and his wife [Dr. Philip and Dr. Jisha] went out of their way to take care of me. Their actions made me realise that professional success is not the only metric in life that is important. It is far more important to have a kind and compassionate heart and help those in need.

What did you learn beyond OMFS?

You are not treating a text-book or a radiograph. You are treating people. You need to be empathetic. You need to push for your patients to get the desired care and outcome.

How did the fellowship program help you?

It gave me a head start on how to go about work in the real world. I was able to enhance my surgical skills and soft skills. I was able to understand some of the dynamics of private health care.

Your advice to the young OMF surgeons?

▶ Finding the right mentor[s] is very important. Someone who wishes you well. Do not listen to negative people. Mentorship starts on day 1 of PG.

Advanced training is the way ahead for our profession. However, not everyone has a chance to do the same immediately after PG. Dont be disheartened. If you have the passion, you can pursue it later in life once you are more stable.

▶ A career in OMFS takes time to build. In my opinion, it takes at least 3 to 4 years. If you work hard, I am sure that you will eventually have an exclusive OMFS practice.

In your initial years of struggle, you must depend on different sources of income to meet your financial needs [e.g., maxillofacial cases, general dentistry, minor dental surgery, implants, research, business etc].

▶ A fellowship is not always necessary. An opportunity to learn [fellowship, junior/senior residency, clinical research associate, observer] is what counts. The more time you spend and the eagerness you show will gain you more responsibility and more opportunities to learn.



Dr. Philip, Dr. Paul & the OMFS team at Thrissur

Dr. Philip & Dr. Paul during a procedure in the OR



AOMSI FELLOWSHIP CENTRE - TRAUMA FELLOWSHIP

Ganga Medical Centre & Hospitals Pvt. Ltd.



Other faculty in the department:

Dr. Vimala .R MDS, FIBSCOMS Associate Consultant

Dr. Keerthana Bhat MDS

Junior Consultant

Year of commencement of AOMSI fellowship: September 2015

Number of AOMSI fellowship seats per year: One

Dr. Kannan with his team and fellows

Publications by the AOMSI fellows:

J. Maxillofac, Oral Surg. https://doi.org/10.1007/s12663-020-01393-0

CLINICAL PAPER

Management of White-Eyed Blowout Fracture in the Pediatric Population

Kannan Balaraman¹ • J. Sai Santosh Patnaik¹ • Vimalambiga Ramani¹ • Keerthana Bhat1 · Devdutt Thomas1 · R. Ravindra Bharathi1 · S. Raja Sabapathy1



Contents lists available at ScienceDirect

Journal of Cranio-Maxillo-Facial Surgery

journal homepage: www.jcmfs.com



Case report

Incidence and outcome of repair of canalicular lacerations: A case

J. Sai Santosh Patnaik^{*}, Kannan Balaraman, Vimalambiga Ramani, Keerthana Bhat, Devdutt Thomas, R. Ravindra Bharathi, S. Raja Sabapathy

Department of Nassic Surgery, Hand Surgery Reconstructive Microangery, Facie Maulitry Surgery Aesthetic Surgery, Oncoplastic Breast Surgery and Journal Team Unabled Surgery and Surgery a

Academic activities at the institute:

- 1. Weekly review of the trauma cases with the consultants Presentation of seminar, journal clubs, case presentations once in 2 months
- 2. Classes everyday with the Plastics team.



Seminars & case discussions

Total number of cases done under GA annually:

2016 - 482 2019 - 845

2017 - 475 2020 - 461

2018 - 503 2021 - 861



12% 12% 43% 6% 1% 6%

Procedures done at the centre: Details of the year 2021

- 376
- 76
- 10
- 101
- 106
-76
- 53
- 53
- 12

What makes this centre special?

Opportunity be a part of a Trauma care team, interacting with other allied specialities and also participate in their clinical activities apart from gaining experience in management of facial deformities. Improving general medical and surgical skills for routine and emergency care (viz - participating in medical, surgical emergencies like resuscitation, tracheostomy, chest tube insertion etc).



AOMSI FELLOW PERSPECTIVE

Dr. Sai Santosh

Year of joining fellowship program: 2018 - 2019

Present designation: Chief Maxillofacial surgeon at GIA Center for Dental & Facial Surgery, Vijayawada, Asst Professor at Anil Neerukonda Institute of Dental Sciences, Consultant Maxillofacial surgeon at Apex Trauma Hospital Institute of Neuro Sciences



ssntsh77@gmail.com

Describe in one word your time at the fellowship centre?

Perseverance



As there was a saying that 'The sun never sets on British empire', Similarly 'OT lights never sets off in Ganga Hospital'. We get to learn 24x7 for 365 days. The scope of work performed in the unit involves complex cranio-maxillofacial trauma and reconstruction, head and neck ablative and microvascular reconstructions, rehabilitation with dental implants, facial reanimation surgeries, management of TMJ anomalies, distraction osteogenesis, orthognathic surgery, cleft lip and palate, vascular anomalies, oculoplastic procedures, esthetic procedures like rhinoplasty, fat grafting and scar revisions. The microvascular surgery course conducted here further refined my surgical skills in tissue handling and understanding the importance of ergonomics. Working in a center with wide clinical exposure and high volume of cases demanded me to triage my tasks. It is the need of the hour to multitask in handling trauma, posting elective cases, appropriate documentation and follow-up of all cases. Though the work demanded extra effort and time every day, the joy of learning and being able to improve the quality of life of patients often undermined the stress.

Briefly describe a typical day at the fellowship centre?

Every morning at 7:30am, the entire unit gathers for trauma reviews, case presentations and seminars which sets pace for rest of the day. Then we go for rounds to see all the operated patients and simultaneously coordinate with the anesthetists and pre-operative staff to shift our patients to OT first. The rest of the day is complete mix of OT, OPD and emergency care. Also, we make sure that we make room for time to write publications. In the night, we also have to post elective cases for the next day and make sure that the pre-op workup is done. All set, we can have a good sleep provided the emergency unit is kind to you.

Any particular anecdote which you would like to share with us?

Well, this happened in May, 2019. With a lot of elective surgeries during the summer, I was having a hectic 36 hr duty and was just hoping to go home in the evening and have a nice sleep that day. But, there were more trauma cases in the evening, and I had to stay back with kannan sir. Last case ended around midnight. I finished the case and dozed off in the pre op area. In my semi-asleep state i wrote post-op orders and when a nursing staff woke me, I realised my handwriting and re wrote the orders. Saved that picture till today so that I won't repeat the same mistake again.

PS: We were made to repeat our notes if the chairman finds our handwriting bad:)

What did you learn beyond OMFS?

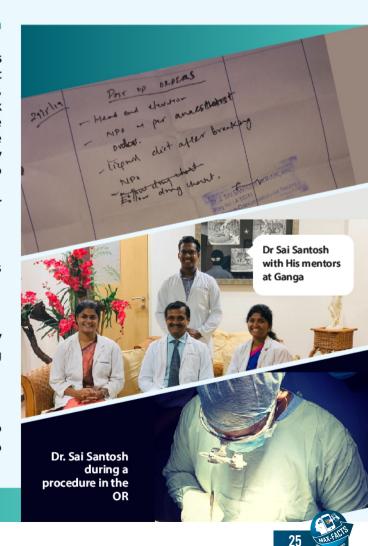
I learnt 3 'C's from SRS sir. Connecting with people, Creating new ideas with them and Collaborating with them to make it true.

How did the fellowship program help you?

My fellowship empowered me with surgical skills. It enhanced my ability to think comprehensively and improved my decision making skills in surgical planning.

Your advice to the young OMF surgeons?

Never give up on your dreams. You don't need godfathers to enter into fellowships. You just need an AOMSI membership and hardwork to crack AOMSI entrance exam. All the best.. Live your dream!





Centre of excellence

Do you want to be featured as a centre of excellence?

A shout out to all OMF surgeons to get featured on Max-Facts!!

- Are you working at a high volume centre?
- Are you willing to train young OMF candidates?
- Is your centre open to inviting candidates for observership or fellowship?
- Are there opportunities for research at your centre?

If it's a "YES" write to us at "maxfacts@aomsi.com" & we will feature your centre of excellence in our upcoming issues!

Let's join hands to learn better and grow together!



Born to Dr. K. P. Narayan Shetty and Mrs. Rajani Shetty in the small and scenic town of Kaup, in Udupi district Karnataka, on 31st August 1974, Dr. Pritham Shetty is a name every OMFS in India today knows as the Dynamic Past Hon. General Secretary of AOMSI. Having started his academic beginnings in Mangalore, he progressed to pursuing his BDS & MDS from the prestigious SDMCDS, Dharwad. An MOMRCPS, IBSCOMS with the coveted posts to his credit - EC - AOMSI and General Secretary AOMSI, and EC - ISCLPCA; he is presently a Professor in BIDS, Bangalore and Consultant OMFS to BM Jain Hospital, Cloud Nine Hospital and Unity Lifeline Hospital in Bangalore.

A doting father to his 12 year old daughter, Prisha and a loving husband to Mrs. Priya Shetty, Dr. Pritham Shetty sits in the spotlight in this issue of Max-Facts and talks about his journey, experiences and learnings.

What was your childhood like?

It was a simple life. I did my schooling from SNGEM school at Mulki and St Aloysius Mangalore.

I was an average student and managed to make sure I am eligible for my next step in life. I was the school leader.

I played all games and was known as jack of all games, master of none. Netaji and Lal Bahadur Shastriji have been my childhood idols as national heroes.



Tell us about your graduation days.

Life changed when I reached SDMCDS
Dharwad .. the first shock I received was a vegetarian mess! I had lived in a hostel before, so I knew what it is like using a shared bathroom but when I saw an attached washroom in our SDM hostel, I conceived that I could manage the vegetarian mess. If I look back today, it was delicious food. I met wonderful friends there, and some changed my life to a serious one.



During my graduation, I was blessed to receive constant support from the SDM Society secretary Prof. Vajra Kumar.



I can't forget my conversation with Paul sir (Dr. Paul Salins), about what I should do after BDS. He made me realize I can be a surgeon. Moreover, teachers like Dr. Bhaskar Rao and Dr. Ramesh Nadgir always supported and nurtured my dreams of oral surgery after graduation.



How was your PG life different from UG life?

All those who know Dr. Gopal and Dr. Krishnamurthy will be envious of me having the benefit of having them as my teachers. They are two excellent mentors, who have given shape to many surgeons, and along with them, we had the pleasure of being taught by Dr. Dabir. Dabir sir would take us to the library every evening to sit with the atlas and skull to explain the anatomy.



With Dr. Gopal



With Dr. Krishnamurthy

I had four seniors who made my life easy and helped me grow during my postgraduate days – Dr. Kishore Shekar, Dr. Moorthy Halsnad and the man who let me give my first incision under GA- Dr. Bichu. The last one is my dear friend, Late Dr Shibu, who made sure we read the textbook. My accountability towards the ward and night duties developed because of the advice and guidance I received from them.



Dharwad Seniors



SDM Send off



PG Batchmates

What is the one thing that is different for today's budding Maxfacs from your time?

We were in the era where Maxfac was just getting recognized as a specilaty, and doing cleft or cancer cases was like a dream come true! And scrubbing in it was a big deal; if you need an article for your thesis, you will have to visit different libraries, whereas today, it's just a click of a phone button.

The challenge was who can quote articles when you answer viva. Today I don't see that passion, maybe because it's readily available. But, I also admit that it is now very competitive for youngsters as more and more postgraduates are passing out every year and that's why I encourage them to give nothing but their best.

Tell us your most memorable OT experience

I was doing a massive cyst in the Maxilla; these were days when advising a CT scan was a luxury, and we relied on PNS X-ray. Dr Nagrajappa was assisting me. He said, "what is that pulsating under the mucosa?". Dr Joshi, our anaesthetist, was the first judge, so I asked him to check, and he immediately said, "congratulations, you have become a skull base surgeon!". Now came the most

challenging part - to inform Boss (Dr. Gopal) that the dura is visible. When he came to know, he informed our Neurosurgeon (Dr. Dugani). We waited for Dugani Sir, and he scrubbed in and immediately responded, "Sorry, you are still not at the skull base, just around the ethmoids." It made me remember all those anatomy classes of Dabir sir.



When and how did you decide to become a Maxfacs?

Over dinner, at Dr. Paul Salins house, he said join Maxfac and made arrangements to work in the department during my internship. I don't think I ever looked back from that point ever.



With Dr. Paul Salins conferring Lifetime Achievement Award

Who has been the biggest influence in shaping your career

It started with Dr. Paul Salins and Dr Bhaskar Rao. My Maxillofacial main teachers/ influencers were Dr. Gopal Krishnan, Dr. B Krishnamurthy, Dr. Dabir, Dr. Sanjiv Nair and Dr. Kishore Nayak.

Dr. Vivekvardhan Reddy, Dr. David Tauro and Dr. Mustafa deserve a special mention as there is lots I learnt from them across my career.

In cleft training I'd say, Dr. Y S Rai, Dr. Niranjan Kumar, and Dr. Kadam.

Later in life, Srini, Dr. George Paul, Kannan Balraman, Pramod, Rajshekar, Nehal, Jaideep, Dr. Garry, Dipesh, Mamtha and many youngsters who were my fellows or by listening to some during conference.



Best Friend Jaideep



With colleagues

A lesson taught to you by a mentor/ senior/ colleague or student that you will never forget

Be humble.

How did your involvement in AOMSI begin? What drew you towards the workings of the association?

Dr. B Krishnamurthy, Dr. Sanjiv Nair, and Dr. Manjunath Rai - their commitment to working towards the association and the importance of our association in our life as maxfac surgeons drew me towards AOMSI.

You have been touted unanimously as one of the most dynamic and hardworking HGS of AOMSI; how did you balance work and personal life?



With Dr. Veerabahu

At work, I need to express my heartfelt gratitude to the management of BIDS, Bangalore, for their unconditional support in giving me leaves every time I had to travel due to AOMSI commitments and providing infrastructure for association activities whenever needed.

I thank my Boss, Dr. Krishnamurthy, for covering up for me every time I travelled and my co-workers, who had to put up with me, adjusting as per my time to give appointments, start surgeries early morning or late-night, my team always backed me.

My daughter Prisha felt the brunt. With endless phone calls, at times I had to stop playing with her to attend it or my very regular travel due to AOMSI commitments. There was a time she put my t-shirt on a pillow and hugged it.



Prisha with poster of Dr. Pritham

What, according to you, has been your biggest achievement as the HGS for the last term?

Launch of our textbook.

Ouestions?

If you could go back and do your term as HGS again – rewind time - what is the one thing you would do differently?

- Appoint the present newsletter team .
- Make more use of online platform
- Would have liked to start an online conference for young surgeons, a platform for youngsters to present.
- Video presentation from senior surgeons on procedures.

What does "me time" mean to you? Any hobbies you enjoy?

Pre-pandemic my "me-time" meant watching cricket, taking walks and listening to music.





Post pandemic it is Netflix series / Disney Hotstar / Amazon prime - in simple words it's been lot of screen time.

If you could have one superpower, what would it be?

End the pandemic.

Ouick five 1. One thing that makes your life worthwhile

Listening to cleft palate kids sing!

2. What is your motto in life Bring smiles to every face

3.If you could change one thing/ quality/ habit in yourself, what would it be

Increase my patience

4. Biggest strength and weakness Strength: I can build a team; Weakness: Temper

5. What is your biggest regret in life I never learned to ride a bike

Favourite five 1. Favourite surgery/ procedure: Cleft lip and palate

> 2. Favourite food or dish: Ice cream



3. Favourite place: Mauritius

> with the ex PM of Mauritius

4. Favourite celebrity/role model: Rahul Dravid

5. Favourite AOMSI conference: Mangalore conference-2003

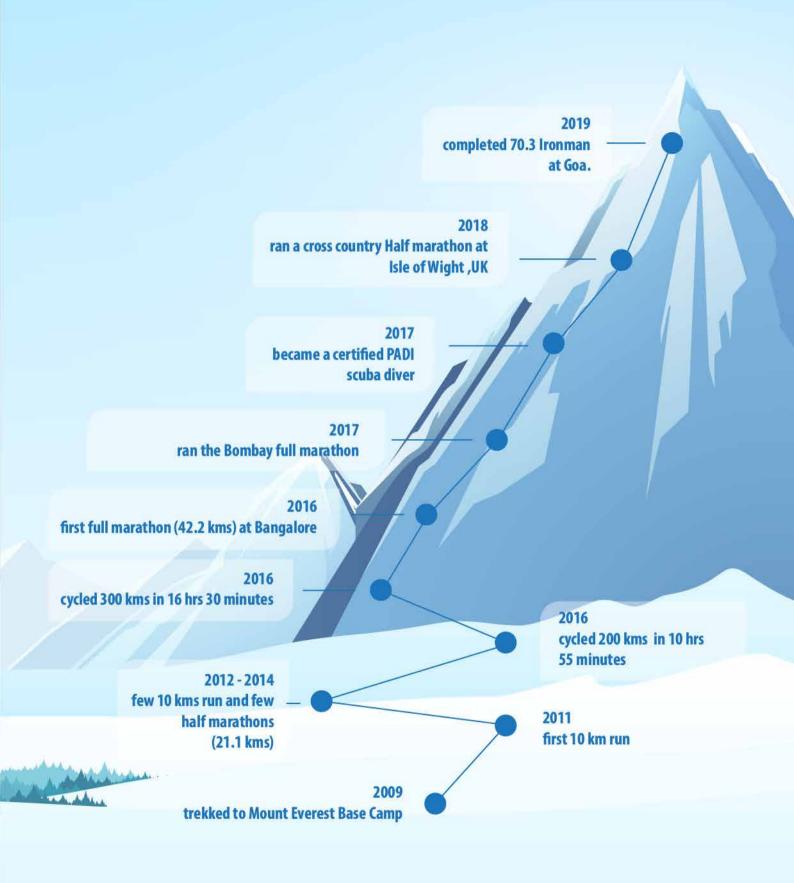


Dr. Sujeeth Shetty, is a renowned Maxillofacial surgeon and academician based in Mysore, Karnataka. He has done BDS and MDS (OMFS) from AB Shetty Institute of Dental Sciences, Mangalore.

After finishing his post-graduation in the year 1997, he joined JSS dental college in August, the same year and is now heading the department. His areas of surgical interest include trauma, implantology and orthognathic surgery and he has presented scientific papers in various national and international conferences and has various indexed publications to his credit.

Recognized amongst his peers for not only his commendable surgical skills and vast knowledge of surgery but also his achievements in different arenas like cycling, endurance sports and athletics, in this month's "Beyond OMFS" we are featuring Dr. Shetty - his story & learnings, in his own words!

ACCOLADES BEYOND OMFS



Tell us from the beginning how did your stint with athletics and sports begin?

Sports has always been a major interest in my life since school days. I loved the outdoors. I started endurance sports after I turned 42. (Why 42?) I think I partied and worked hard at professional front till 40.



You have claimed the coveted title "Ironman 70.3," what was the kind of training you did for the same?

For the uninitiated let me tell that it involves 1.9 kms swimming, 90 kms cycling and 21.1 kms running in that order and the cut off time is

8 hrs and 30 minutes.
Before attempting this huge feat, I had finished a few half and full marathons, cycling 200 and 300 kms and swimming few kms in open water competitions. I did all these gradually for few years and then attempted the Ironman.

Due to my work schedule, I got only the morning hours from 5 am to 8 am to train. I scheduled the long runs or long bicycle rides for Sundays due to a relatively free schedule.

I finished the Ironman with a timing of 7 hours and 5 minutes at Goa in 2019 which was the first official ironman held in India. It was a truly amazing experience!

Ironman 70.3 is the most precious feather on my cap and I'm extremely proud of this achievement!

IronMan 70.3, Goa 2019



How much would you factor as role of the mind in your journey towards preparing oneself for rigorous athletic events?

"Whether you think you can or you think you can't, you're right". This is Henry Ford's famous quotation on the power of mind. Endurance sports is more about mental strength than physical!



Mumbai Marathon 2017





First full marathon in Bangalore 2016

It is certain that the body and the mind communicate and it is a constant channel. Every word that we speak, every intention that we set for ourselves is communicated to the body and the body responds by manifesting those thoughts into actions. This is exactly where having a positive mindset helps you by training the mind to be optimistic.

How important is support from family / friends in preparing for athletic events?

A family that understands your passion and supports your determination in achieving it is the best kind of family one can ask for! I am extremely lucky to have a family that understands me, my dreams and supports me all through it.



Trekking with my wife Dr. Charitra

What do you enjoy the most about athletics?

The pursuit of excellence, the hard-work, challenges and the adrenaline rush that comes with it.

What do enjoy more running, swimming or cycling?

Bicycles for me is a rideable art and I really enjoy the simplicity of riding a bicycle. I am very fortunate to be in Mysore which is surrounded by beautiful places where we have the privilege of

cycling in the countryside.

I have to mention here that the most wonderful cycling experience for me was cycling from Manali to Leh, the beauty and the difficulty of the terrain cannot be explained in words.



PADI Certified Scuba diver

Please give us an insight into how you managed your time to fit your work, training and family in your schedule?

Athletics and sports have taught me goal-setting, time-management and how to manage things when things don't go your way! The first rule for me is to set your priorities right, set a routine and stick with it. The biggest personal accomplishment for me has been achieving the goal without compromising a single day at work.

Any lesson you would like to share from your preparation or competitions?

Train your mind before getting into physical training. A strong mind can achieve the unachievable. Like everything else in life you have to be passionate in what you do.

Has athletics or sports training helped you in improving as a surgeon?

Yes, certainly! It helps me stay fit and active which is very important for leading a healthy life and the mindset to be a dedicated surgeon.

Any other hobbies that you have?

I love reading books and enjoy traveling! I also like playing golf.

Your message to fellow surgeons who wish to get a physically active lifestyle?

Start slow, do what you love and be consistent. Nothing great comes out from staying in the comfort zone!

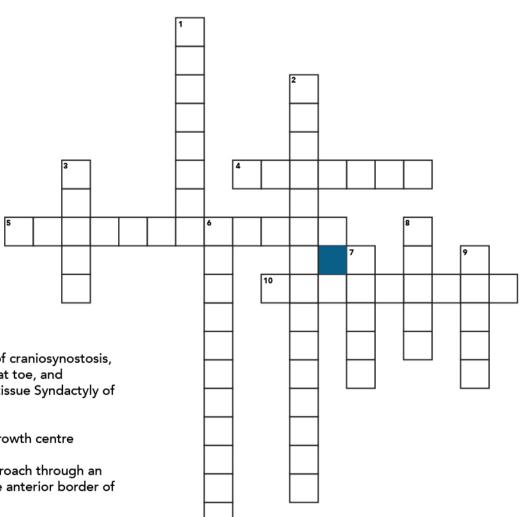


Cheers to Life and Surgery!



MINDROID CORNER (





Down:

- This syndrome consists of craniosynostosis, broad thumb, broad great toe, and occasionally partial soft tissue Syndactyly of the hand
- 2. This suture is mid face growth centre
- The lateral coronoid approach through an incision situated over the anterior border of the ramus
- It is done to expose and permit the removal of an embedded tooth or roots or to expose a cyst or a tumour or for a apicoectomy
- This pharyngoplasty is used to improve child's speech
- 8. I suggested the indications for I and D of head and neck fascial planes
- This term is used for field precursor lesion coined by Garcia

Across:

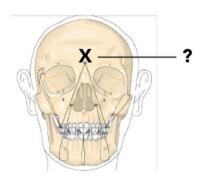
- 4. This incision was given by Converse and Hogan for NOE fracture
- 5. It is the removal of the eye content
- It is a splint used for management of paediatric fractures



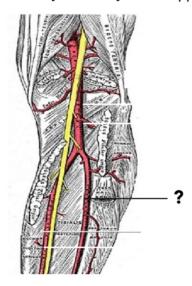
MINDROID CORNER



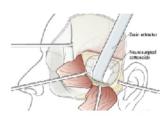
 The name of this Craniofacial suspension method –



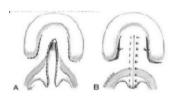
- Delphian Lymph Node is present at this level of neck nodes.
- 3. Identify this artery which supplies the tibia



 This tumors refers to those in which the second primary cancer is diagnosed more than 6 months after the diagnosis of the first primary cancer. 5. What is the name of this approach?



- 6. Which forcep is contraindicated in pediatric primary mandibular molar extraction?
- 7. Identify this palatoplasty procedure?



- 8. Head shaking test is done to diagnose?
- 9. Paramedian forehead flap is based on blood supply from which artery?
- Name the ethmoidal air cells which are located lateral to the maxillary - ethmoidal suture along the inferiomedial orbital floor.

- Submit your answers for quiz & crossword to maxfacts@aomsi.com by 15th february 2022.
- Answers for mindroid will be revealed on our social media handles along with a shout out to those who send in correct answers.







TALENT CORNER articles



OUR GOALS DICTATE OUR PATH

"You are never too old to set another goal, or to dream a new dream." - C.S.Lewis

Let's say, our lives are akin to a treasure hunt, wherein, we are given a map that guides us through. In the map, there will be areas that are both known and unknown to us. It is in this unknown or unexplored regions on the map, where our dreams and goals reside like tiny pieces of buried treasure, that we hope to find some day, when we decide to embark on an enthralling treasure hunt.

Undeniably, there will be some inevitable challenges that we may have to face while treading towards the treasure. There will be moments of doubts and disappointments, especially when the coveted treasure that we have been looking for is not exactly the way we had envisioned. Later in time, our minds will want to switch to "better goals", and in uncovering the "bigger treasure" elsewhere.

Most of us would have experienced situations similar to the treasure hunt trope. In reality, the goals that we are looking forward to pursue, can range from getting a degree to starting a new fitness routine, from making a career change to starting a new life with a partner, etc. The fact that these quintessential goals are completely different in practice, causes a sense of disappointment or frustration in people. However, the deeprooted problem lies in the manner we approached the treasure hunt in the first place.

Coming back to our metaphoric subject, the treasure hunt, people invest all their time in dreaming about the treasure only. Little do people realise that the fastest way to be getting to their desired goal point is to set their compasses, and to start walking. The concept is outright simple, and the key rules to remember are:

- Developing a determined mind to focus on which way we want to be headed
- Committing to our goals with utmost conviction
- Pouring all our positive energy into the journey
- Knowing that we are moving steadily in one clear direction

Otherwise stated, our goals become our compasses, and not the treasure that we look out for. Our goals are our mission, and a path that we all follow. And in this path, it does not matter what valuables we are going to find for ourselves, rather, it is the commitment one needs to have while walking the path.

Good goals do provide direction to our lives, more or less like a rudder on a boat, pointing out our energy in a specific direction as we move downstream.

Therefore, one must learn to believe that goals are not the ultimate point, and that **our goals dictate our path.** Let's choose that path and learn to walk it progressively.

Dr. Chandini Ravi Kumar (SLM 7288)

TALENT CORNER articles



CIRCLE OF LIFE

Perhaps we are all navigating through the same "ocean" now. Being confined in the comfort of our homes for months, trying all the coping mechanisms we can possibly think of to distract ourselves from the circumstances, let us look back and COMTEMPLATE about the Dicey meaning of LIFE.

You arrive here in an egg, your own little world, where you hear the silent whispers of peace and the walls wraps their arms around you like a Blanket of Safety. But you can't remain there, the silence knows calm, but the melodies of the nightingale, the chirping birds, the running of streams, soothes your ear in a way this silence can never. The walls make you feels safe but the arms of nature take you to places that make you feel brave. And then the will to face the real world takes birth in you, exhibiting vibes of power and freedom, strong enough to break walls that kept you hidden all this while.

And with every falling brick, you develop another feather of freedom. The walls come down to pieces and sun rises in your eyes letting its beams fall all over you. Before you lay your eyes on the ground to appreciate tiny blossoms, your eyes remind you of the vast sky that is waiting to embrace you.

It doesn't happen in the blink of an eye, you have to savour the time it takes to learn to fly. With every fall, comes a strong soar up high. And then comes the moment of your life, when you gently climb the invisible steps to dream you've been wanting with your eyes shut open. The creatures on the ground will send you appreciation and love, do let every fragment of it seep into your soul but not your mind, because it could morally bankrupt you.

And the sun will set spreading its hues, reminding you about taking away all the beauty that it gasped from the whole world, leaving you in the dark. You will look for the same creatures who were the admiring your flight, but suddenly you'll go blind, not because all you see is dark. Because your eyes won't collide upon the people you are looking for.

You will crash on the ground. The same Ground that lost your attention while you were flying high. It will hold you, lay you down on the bed of leaves and comfort you with its melancholy. Then you realize that Clouds were mere a myth that promised you shelter but never even stayed for you. But the trees that were actually your roots, will always hold you tight and will have your back.

You will realize that flying is a dream, but one can't be sleeping forever. For realities hold something, dreams are deprived of. The wings that escalated you to heights can't carry your weight forever, no matter how long you fly. At the end of the day, you will come back to rest, to only place where you shall find peace, to GROUND, to HOME. Here is the catch-

Flying wasn't the lesson, Falling was. To realise that wings can make your dream come true, but only your legs can make you walk this journey called LIFE. You can escape the reality by stretching the wings across the sky, but you got to come back home when you are eventually tired.

THESE WINGS ARE BUT A LUXURY BUT THE GROUND IS HOME.

Dr. Stuti Shah (SLM 7386)





Doctor, not just dentist!

Yes I'm a doctor, though people call me a dentist,

Yes I save lives, though people come only to save teeth. From scaling to life threatening tumor surgeries,

From taking history to giving psychological assistance, We are the ones to answer your questions,

We are the ones to make your existence.

They not only call us who give dentition, They even call us who give you aesthetics. We are not just a dental clinician,

We are the world's best magicians.

Yes we are facing saturation problems, Yes we know jobs are not offering living, Still we work to please your emotions,

So you may remember us on thanksgiving.



Dr. Murtaza contractor, poem (SLM 7114)



The life of an oral surgeon

I destined my self to be an OMFS

Started with local anesthesia and extractions...minor surgeries and impaction...

Delved deeper into cysts and cancers Operated on trauma maxillofacial..gotall the answers...

Cleft and orthognathic lead us to cranium and facial.. Neurosurgeons and plastics were ever influential...

The happiness I got when I released and an ankylosed patient.. Knew no bounds ...the happiness was Persistent.

As I reached the pinnacle of my career I see my subject in a different perspective.

My fellow juniors are into broader prospective...

A hair transplant, a surgery that is totally Cosmetic..

A botox injection, a scar revision

U name it ..it's on the list..

Three decades and on I dwell on beautiful memories.. Of life's miracles on facial glories..

lam up and kicking ..but time is not listening I slow down and bask on newer roads Of spiritual,philosophical and singing modes I loved OMFS, I lived OMFS I cherish OMFS...

Long live OMFS....



Dr. R.M. Lalitha (LM 6737)



<u>इंसान</u>

जिंदगी के इस मरुस्थल में, ना जाने कितने लोग मिले। कोई अच्छा कोई बुरा, तो कोई इबे किसी शोक में थे॥ बिन पैसा कोइ खुश नहीं तो कुछ खुश दूसरे की हार में थे। मन के अच्छे किसे पता, यहाँ अच्छे तो सिर्फ धनवान ही थे॥ रो-रो कर बिसरी रात पूरी पर सच में खुश वो लाचार ही थे। क्या खोया और क्या पाया इस सोच से परे वे खुशहाल तो थे॥ प्री लगन और मेहनत से भले ही कमा पाते बस दो पैसे थे। रूखी सूखी तो खाते थे पर फिर भी खुश सभी के साथ में थे॥ माना के फासला है बड़ा पर इसे पाटना भी तो हमें ही है। अमीरी और गरीबी कोई गैर नहीं ये हमारी ही सोच तो है॥ क्या छोटा और क्या बड़ा, इंसानियत तो एक ही है। आओ बदलें सोच सभी, क्योंकि ज़िंदगी भी एक ही है॥ ग्म ना हो जाएँ कहीं इन दखियान्सों की ग्मनामी में। बदल कर अपनी ही सोच, बचानी होगी अपनी पहचान हमें॥ मिल कर करें कुछ ऐसा कि मिला सकें नज़रें उस ऊपर वाले से। मिलें जब भी उस्से तो गर्व से बता सकें ये सारे बदलाव उसे॥ ना कोई छोटा ना बड़ा है, हैं सब एक समान यहाँ। तूने भेजा था इंसान बना कर, रह रहे इंसान यहाँ॥

रह रहे इंसान यहाँ......

Dr. Samarth Johari (LM 6191)





Ode to Mother Nature

O Creator, thou breath of survival thunder..

Whose zephyr shade blemishes peril streak..

As an azure zenith of glorious Earth's wonder ..

With thine enchanter heaven to ocean peak..

Thy beauty concealed as words in ecstasy..

Quivering as in buried soul of mystique beak ..

Weaving mysterious facets in mortal's fantasy..

Encarve vibgyor colors in metaphorical life wave..

Like withered leaves mark newer dawning sea ..

Bleeding phrases ooze as volcanoes pave..

As an ephemeral beach of alphabet indicators..

To share its forever mourning rave..

Mother Nature's love rhythm rhyme emotions..

To re-create long forgotten humane values...

As a Preserver and Destroyer-it prays, pays and plays..!

- Dr. Meghana Sri Ravali

(SLM 6778)





उसका नाम नारी है, जो देती दाना पानी है। क्यो रहे वो किसी पर निर्भर, जब हो रहे सब आत्मनिर्भर, आज उसका दिन है...आज उसका दिन है। जो सुबह रात अंधेरे उठकर, देती आँगन को पानी है। दिया जलाकर, माथा झुकाकर लेकर बलाएँ, करती सबकी रखवाली है। मनुष्य से लेकर भगवान तक, जो सबको प्यारी है, उसका नाम नारी है...उसका नाम नारी है। जो सुख में रोचे, दुख में रोचे, माँ वह कहलाती है। बेलन, चिमटा अपने हथियार बनाकर पूरे देश को स्वाना स्विलाती है, उसका नाम नारी है। कमजोर ना समझना, ना समझना खिलौना, वह शक्ती है, वह युक्ती है, वह कभी प्रेम का सागर है, तो कभी रौद्र अवतार भवानी का, जगत जननी, आदीशिकत वह कहलाती हैं, उसका नाम नारी है...उसका नाम नारी है। By.... Dr. Bhavi Sakshi (SLM 5736)

TALENT CORNER acticles





COMMON DENTAL MYTHS





Dental visits are heavy on the pocket

You visit the dentist only when you have a problem, by then the tooth has already undergone a defect. Regular visits **once in 6 months** will cost you much less and will become part of a healthy lifestyle

NE ADDITIONAL PARTITION AND PROPERTY.





White is always better

Just like skin colour, natural tooth colour varies with ethnicity.

Stains or discolouration can be removed by scaling or bleaching. Visit your dentist to know the difference





Brushing hard cleans better

The force used while brushing must be just enough so the bristles do not bend

Soft strokes in back and forth and circular motions are recommended





DR. ADETERATEXA CHORAWA

Toothaches come and go

Toothache is your body's way of sending you an alarm that something is wrong, delaying a dental visit is only going to make the condition worse. Pain might stop after sometime because the **infection** would've destroyed the sensations

DR. ADITIBARDIA GHORAWAT (LM 5568)



"Gone far too soon but the memory of you will always be in our hearts"



Dr. Subrata Saha

24.04.1991 - 05.01.2022

Upcoming events



Event	Dates	Contact info/Web Link	Venue
World Cancer Day – Webinar on Oncosurgery Training and Research by Dr. Moni Abraham Kuriakose	8 PM - 4 th February, 2022	Zoom ld: 415 395 0058 PW: 0000	Online
Webinar on "Intellectual Property Rights in India" By Dr Jasuma Rai Organised by Intellectual Property Rights Committee, SWARGIYA DADASAHEB KALMEGH SMRUTI DENTAL COLLEGE AND HOSPITAL, NAGPUR	4 th February, 2022	Link for Registration: https://- forms.gle/qmwjryuQUWCbxYaU8 Link for the Programme: https://forms.gle/qmwjryuQUWC- bxYaU8	Online
Webinar on "A Recent developmental update on Mucormycosis in West Bengal - Our experience by Dr. Alangkar Saha, MDS & Post- MDS training pathways in OMFS in India" by Dr. Sankarsan Chowdhury, MDS	13 th February, 2022	West Bengal -AOMSI westbengal@aomsi.com	Online
Maxillofacial Trauma- Webinar & Panel Discussion- Supported by Stryker	20 th February, 2022	Dr. Jimson S. omfsjimson@gmail.com	Online
Webinar on "Management of anterior skull base tumors" by Dr. Neelesh Tiwari, MBBS, MS.	26 th February, 2022	West Bengal - AOMSI	Online
Advanced course on Orbital Trauma Management	26 th -27 th February 2022	Dr. Jimson S. omfsjimson@gmail.com	Sri Ramachandra Faculty of Dental Sciences, Chennai
Pan India PG Training Programme- Journal Club series	26 th February 2022	yeshas26575@yahoo.com	Zoom meeting
PG Orientaion Programme	27 th February 2022	Dr. Bhagwan Das Rai 9828057442	Online
Global web forum on surgery and surgical techniques	24 th - 25 th March 2022	surgtech@auragengroup.com +91 9989 661 232 https://www.auragengroup.com/- surgtech-2022/register.php	Hyderabad (digital conference)
SORG WEBSchool Series on TMJ – 12 episodes	February-May, 2022	www.Sorg-group.com	Online
Interdisciplinary Symposium on Surgical Orthodontics and Head and Neck Oncology	30 th March - 1 st April 2022	Dr. Damera Srikant +91-9948325066	GSL Dental College and Hospital, Rajamundry
XIX National Triple O Symposium	29th-30th April, 2022	www.ooovmsdcsalem.com	Annapoorna Auditorium, Vinayaka Mission Campus, Salem
IAOMS/ALACIBU NEXTGEN Online Conference	May 9 th -May 13 th , 2022	Registration must have- IAOMS active membership www.iaoms.org	Online
AlexORL Mega Congress 2022- 5th Egyptian Sialendoscopy Hands-on/Live Surgery Course	21 st – 23 rd May, 2022	Professor Emad Ahmad Magdy (+2) 0122 458 8889 Email: emad.magdy@- alexmed.edu.eg	Department of Otorhinolaryngology Dissection Lab & Operating Rooms, Alexandria University, Faculty of Medicine, Alexandria, Egypt

International OMFS Day Celebrations by AOMSI Head Office

Theme: Mucormycosis endemic in the middle of a pandemic and how Oral & Maxillofacial Surgeons played a pivotal role in saving lives.

"Multidisciplinary approach to reconstruction and rehabilitation of mucormycosis patients"

Participating associations: AOMSI, Association of Otolaryngologists of India, All India Ophthalmological Society, Neurological Society of India, Indian Prosthodontists Society, IDA, IMA

Venue: Rajiv Gandhi University of Health Sciences, Bengaluru & YouTube telecasting

Online event: February 13th, 2022; 05.00 pm to 08.00 pm

Program outline:

Message by International President Dr. Alejandro Martinez

Guest lectures on "Safety in Surgical Practice": UK experience - Dr. Kartic Narayanan Rajaram USA experience - Dr. Deepak Krishnan

Interstate video competition and Talent Show



AOMSI TALENT SHOW





Selected best videos will be showcased on International Maxfac Day.
All participants will get certificate of appreciation.
Attractive prizes to be won!

Guidelines

- 1. Entry open for Delegates and Post Graduates
- 2. 16:9 (landscape) with good quality audio and video
- 3. File size not more than 40 MB
- 4. Time not more than 3 minutes
- 5. Mail the video to aomsitalentshow@gmail.com

Contact Person Dr. Abhilasha Yadav

9890002523

Dr. Yeshaswini Thelekkat

8137011166





AOMSI MASTER CLASS - 2022 (VIRTUAL)





MARCH 11TH & 12TH - 04.00 PM TO 09.00 PM

MARCH 13TH - 09.00 AM TO 04.00 PM

VIVA

71ME 9:00 AM TO 5:00 PM

• • • 6

18TH, 19TH, 25TH & 26TH MARCH - 2022

DATE

REGISTRATION IS OPEN
TO REGISTER VISIT

www.aomsi.com



25th MIDCOMS 2022

15th & 16th July 2022 LE MERIDIEN, Coimbatore, Tamil Nadu

Theme: Scaling up skills



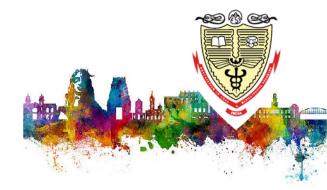
- Video Sessions
- Guest Lectures
- Live Surgery Workshop
- Small Group Discussions
- Focused Mentorship Sessions
- Quiz

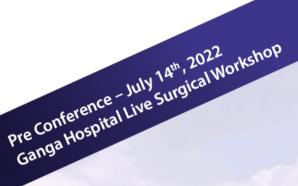
Registration charges - Conference

Type of delegate	Early bird (March 15 th , 2022)	March 16 th – July 5 th , 2022	July 6 th onwards & spot registration
Post graduates (AOMSI members)	7500	8500	9000
Young deleates (less than 5 years post PG) (AOMSI members)	8000	9000	10000
Delegates (AOMSI members)	9000	9500	10000
Delegates (non AOMSI members)	11500	12500	13500
Accompanying person	7000	8000	9000

Registration Charges – Pre Conference

Type of delegate	Early bird (March 15th, 2022)	March 16 th – July 5 th , 2022	July 6 th onwards & spot registration
Post Graduates AOMSI members	2500	3000	3500
Delegates AOMSI members	3000	3500	4000
Delegates Non members	4000	4500	5000







Core committee

Organizing Chairman: Dr. Prabhu .S

Organizing Secretary: **Dr. Kannan Balaraman**

Treasurer: Dr. Vimalambiga Ramani

Conference Secretary: **Dr. Veerabahu**

Scientific Chairman: Dr. Subramaniam

Aomsi Scientific Coordinator: Dr. Samiran Ghosh



2022

46th Annual Conference of AOMSI









- CITY PLACED AT HEART OF INDIA.
- INDIA'S CLEANEST CITY FOR 5TH TIME IN A ROW.
- FOOD CITY FAMOUS FOR ITS STREET FOOD.
- LARGEST CONVENTION CENTER IN CENTRAL INDIA.

REGISTRATION OPEN

Brilliant Convention Centre (Nakshatra), Indore Place :

17th, 18th and 19th November 2022 Date

: Indore AOMSI Host





- Find out the history of OMFS Day!
- ☼ Coverage of nationwide OMFS day celebrations
- Special interviews
- Mindroid Quiz and Crossword
- >> Talent corner

& much more!!!

Want to be a part of the upcoming issue?

Have a special talent?

Do you run a centre of excellence?

Doing something beyond OMFS?

Contact us on maxfacts@aomsi.com or call 9880875543

Watch this space for more! See you in Feb!